



THE CORRESPONDENT

SEPTEMBER 15, 2016

Notes and Notices:

Box Tops

CALENDAR AT A GLANCE:

School Pictures	9/15
Open House 6-7	
PTL meeting 7pm	
Hearing Van	9/16
K,1,2, and 5th	
St. Baldricks	9/18
Fundraiser 2pm	
School Board Mtg	9/19
Scr games @ LIS,	
both games 4:30	
Scr @ CR Trinity	9/20
@ 4:00/5:00 pm	
Chapel @ 8:30	9/21
and 1:15 Dismiss	
JV Vball vs LIS	9/22
@4:15; FB vs LIS	
@4:15	



Jesus is my Superhero
(Joshua 1:9)

Mission Statement:

Central Lutheran assists our congregations and parents by preparing children to be disciples for this life and the life to come.

Principal

Nichole Perez

principal@centrallutheranschool.org

310 3rd Street W
Newhall, IA 52315

Office: 223-5271 Fax: 223-5257

It's time for the first big Box Tops contest of the school year! We have from now until October 26th to collect as many Box Tops as we can for our fall submission. You may start sending in your collected box tops any time. We will be keeping a running total and announcing each class on Wednesdays at chapel starting Sept. 21st.

In keeping with our theme for the year, "Jesus is our Superhero", we will be giving smaller prizes every Wednesday to the classes who bring in the most with a grand prize winning class on October 26th. Classes will be averaged out per student so don't fret if your children are in smaller classes, it will all be divided out evenly so all classes are equal.

The winning class will get to dress like a superhero for a day and will also be rewarded with a pizza party for lunch. Please group your box tops into bags of 50 each and write your child's grade on the bag.

Open House and PTL Mtg

Open house is Thursday, Sept 15th from 6:00-7:00 with a PTL meeting to follow at 7:00 in the North gym. Please stop by your children's classroom and let them show you how their school year has started. PTL encourages all parents to attend the meeting -- day care is provided. We could use as many parents as possible to help with the events that PTL has planned for this school year! They need your support to help make these happen!

Little Miss Cheerleader

For those of you who participated in Benton's Little Miss Cheerleader Clinic, the performance has been moved to Friday, Sept. 23rd at halftime of the freshman game. Please arrive by 5:00 p.m.



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Student Council Elections

Student Council speeches and the election will be held next Wednesday, September 21st. Parents are welcome to stay after chapel and listen to the candidate speeches.

Tuition Payments and Lunch

Please remember that the only time we can make payments all on one check is Forms and Fees night in August. The Tuition Account and the Lunch Account are separate accounts so we need 2 different checks for these payments throughout the school year.

T-shirts for Sale

We still have a limited supply of youth small and youth medium "Jesus in my superhero" t-shirts for sale in the office, they are \$10.

From the Principal's Desk

I had an interesting conversation with a parent in the hallway the other day. A child walked past me in the hallway and I asked if they had had a good day. The child did not respond and continued walking down the hallway towards the gym. The parent that witnessed this asked me if that happens often. Not all the time, I said – usually just with the younger children and new students. But this brought up a good point – how do we, as educators and parents, help our children to communicate effectively? Dr. Michele Borba, a child psychologist, has 3 tips for helping to teach children good communication skills.

1. Listen more attentively. You will discourage kids from expressing themselves if you cut them off, shrug your shoulders, turn away, or shake your head.
2. Help your children send and receive nonverbal messages. Using body language to communicate enhances a child's social and emotional competence. Often kids don't listen to your words as much as they watch your posture, gestures, and facial expressions.
3. Teach eye contact and smiling. Using these skills increases children's social success. Use eye contact with them when you speak to them. When they display a great smile, point it out!

Teaching children to communicate effectively will increase their confidence, social competence, and self-esteem. Communication skills are useful tools to have because they affect every area of our lives!

~Mrs. Perez



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SCRIP NEWS

Casey's General Store is now available to purchase gas, donuts, pizza, etc. And YES you can use this with your HyVee Fuel Saver! \$25 and \$50 cards are in stock with \$100 available if requested.

Gymboree and **Crazy 8** stores are offering a 20% discount coupon good thru December 31, 2016. They are available in the SCRIP books. Their stores are located at Coral Ridge, Tanger Mall or Crossroads Shopping Center.

Red Robin Royalty members - You can sign up to designate 1% of your purchase to be donated to CLS.

KWIK STAR has opened a new store right next to Pizza Ranch on the west side of Cedar Rapids. We have \$50 and \$100 cards available.

Reminder - We place the orders on Mondays!

Campbell's Soup Labels

We submitted a large order of Campbell Soup Labels two weeks ago. Upon researching the Campbell's website, it was discovered that they are indeed still taking labels through August of 2017. They will only take the labels that have the "Labels for Education" logo on them. Many of the Campbell's products have discontinued putting this label on their products and the others will soon be phasing out the label, but for this school year, we will continue to collect the ones with the Labels for Education logo on them!! We submitted 7,500 of them in August and they were all credited to our account so please continue to send them if you have them! We were able to purchase over \$650 worth of playground and indoor recess equipment with our submission from last school year!!

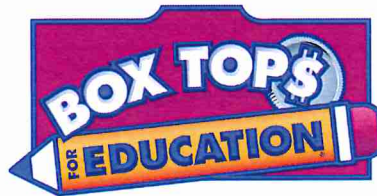
Sunday Worship Schedule

St. Stephen's Lutheran Atkins Worship 9:00am Sunday School 10:15am	St. John Lutheran Church Newhall Worship 8am, 10:30am Sunday School 9:15am	St. Andrew's Lutheran Church Van Horne Worship 10:00am Sunday School 8:45am
St. Mark's Lutheran Church Garrison Worship Sat 6pm, Sun 8am Sunday School 9am	Trinity Lutheran Church Vinton Worship Sat 5:30pm, Sun 9am Sunday School 10:15am	Zion Lutheran Church Shellsburg Worship 10am Sunday School 8:45am
Grace Lutheran Church Blairtown Worship 10am Sunday School 9am	First Lutheran Church Belle Plaine Worship Sat 6pm, Sun 10:15am Sunday School 9am	St. John Lutheran Church Keystone Worship Sat 6pm, Sun 10am Sunday School 8:45am

SUPPORT CLS



Bring in Coca-Cola bottle caps and codes.



Box tops earned CLS over \$200 in 4 months! Next submission deadline is November 1!

Turn in all Hy-vee receipts – CLS earns 0.5% of the total. Almost \$2K in 2016!



Connecting faith & finances for good.™



Chapel News:



1st Trimester Offering: Lutheran Bible Translators

Next chapel leader: Pastor Wright

September Hymn: Be Strong and Courageous

Singing: Kind-1st grade

We will recycle your old cell phones.

<div>  <h1>October 2016</h1>  </div> <div> Calendar for Lunch Menu Rieck (Kitchen) 6827 views (Viewed by Staff: Lunch Menu Rieck) </div> <div> <div>Edit</div> <div>Allow others</div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Menu is subject to change
2 USDA is an equal and opportunity provider and employer	3 Ham & cheese sand., carrots/celery, apple,	4 Taco/shell, romaine/carrots, refried beans, pears, B & B sand.	5 12:15 Dismiss (PD) Goulash, cooked carrots/broccoli, peaches, breadsticks	6 Grilled cheese, peas/cucumbers, pineapple	7 Chicken strips, corn/peppers, applesauce, B & B sand	8
9	10 No School (PD)	11 Egg omelet/sausage, carrot/celery, juice, toast	12 Chicken sand, corn/cauliflower, applesauce	13 No School (Teacher Convocation)	14 No School (Teacher Convocation)	15
16	17 Hamburger/bun, baked beans/cauliflower, apple	18 Pizza, romaine/carrots, pineapple, frosted graham	19 1:15 Dismiss (PD) Beef & noodles, corn/cucumbers, pears, oatmeal roll	20 Fish, broccoli/cheese/celery, peaches, B & B sand	21 Crispito/cheese sauce, gr. beans/red peppers, man. oranges, B & B sand	22
23	24 Hot Dogs, baked beans/radishes, grapes	25 Chicken crunch, corn/cauliflower, applesauce/strawberries, B & B sand	26 Mac & cheese, gr. beans/celery, peaches, PB & J sand	27 Turkey roast, mashed pot/broccoli, pears, rolls	28 1:15 Dismiss (PD) Maidrites, FF/cucumber, pineapple	29
30	31 Chili/crackers, carrot/celery, pears, cinnamon breadsticks					





**Central Lutheran School Hosts St. Baldrick's Foundation Head-Shaving Event to
Raise Funds for Childhood Cancer Research**

Event Date: September 18, 2016 | Time: 2:00 pm

With a Goal to Raise \$3,000 Volunteers Will Go Bald

What: Central Lutheran School in Newhall, Iowa, will host a St. Baldrick's Foundation signature head-shaving event to raise funds and awareness for lifesaving children's cancer research.

For more information, check out the event page.
<https://www.stbaldricks.org/events/IowaShave>

Why: Every two minutes a child is diagnosed with cancer; one in five children will not survive. Those who do survive often suffer long-term effects from treatment too harsh for their developing bodies. Kids are special, even when it comes to cancer treatment and the St. Baldrick's Foundation understands the need to treat them that way. Kids deserve the chance to be kids – fun-loving, carefree, refreshingly honest, and always a little goofy. Donations raised at events like this support the development of childhood cancer treatments that are as unique as every kid.

When: September 18, 2016
Event will start at 2:00 pm

Where: 310 3rd St W
Newhall, Iowa 52315

Who: St. Baldrick's shaversSM, volunteers, supporters and donors

Contact: Stephanie King, 319-538-6011

- We are in need of volunteers to help recruit shavees, volunteers for the day of the event both before and after.
- Each shavee and volunteer are encouraged to help in the effort of collecting donations to help us reach our goal of \$3,000 and to help fund finding a CURE.
- There is no minimum required to shave every little amount helps, but for everyone who raises \$50 or more you get a t-shirt.

- Donations can be made at the event page website <https://www.stbaldricks.org/events/IowaShave>, turned in the day of the event or can be mailed in as a check made out to St. Baldricks Foundation please write our event ID # E-12709 on the memo line of the check, mail them to St Baldricks Foundation 1333 S. Mayflower Ave Suite 400 Monrovia, CA 91016.

- Contact Stephanie King 319-538-6011 if you have any questions or are interested in helping.



Come join the "Fit Friends"

Tuesday and Thursdays

4:30-5:30 p.m.

Blairstown Community Center Gym

All fitness levels are encouraged to join us.

There is no cost just bring a water bottle & yoga mat (or beach towel)

Starts Tuesday, September 13

If you have any questions email Rhonda mrtmvoge@netins.net

IT'S THAT TIME OF YEAR AGAIN...

Donuts with Dads*



Please RSVP to have donuts with your CLS student(s) Wednesday October 5 from 7:15 AM to 8:15 AM. Come and go as your time permits.

*We invite you to bring your father or an important male figure in your life.

Free Will Donation will be accepted.



Beverages will be provided!

Please return bottom portion to the school office no later than Wednesday September 28

Child(ren) _____

Grade(s) _____

Male Adult _____