



THE CORRESPONDENT JANUARY 5th, 2017

CALENDAR AT A GLANCE:

BBall vs. Valley @ 4:30/5:30/ 6:30/7:30 p.m.	1/5
Bball vs. Davenport Boys only 10/11 a.m.	1/7
BBall Varsity Girls Shoot for the Stars in Davenport	1/7&8
Bball vs CR Trinity 4/5/6/7 p.m.	1/10
Chapel 8:30 a.m.	1/11
Planet X Fundraiser	1/22
PTL Movie Night	2/18

JESUS
is my superhero

Jesus is my Superhero
(Joshua 1:9)

Mission Statement:

Central Lutheran assists our families and congregations by preparing children to be disciples for this life and the life to come.

Principal

Nichole Perez
principal@centrallutheranschool.org

310 3rd Street W
Newhall, IA 52315
Office: 223-5271 Fax: 223-5257

PLANET X FUNDRAISER

Get ready for a break from the cold on Sunday, January 22nd from 5 pm – 8 pm. CLS's PTL is hosting a fundraiser at Planet X in Cedar Rapids, (4444 1st Ave NE #3001). Admission is \$10 per child and half of that goes back to CLS!!! It's a win, win!! Students can enjoy miniature golf, rock climbing, indoor playground, space ball, jump shot, bumper cars, pizza and soda, and 1 game of laser tag.

Join us for "Moms Coffee"
on Friday Jan. 6th from 9-10:30
a.m. at Scooters SW, (formerly
CoffeeSmiths), Cedar Rapids.
Hosted by CLS Marketing
Committee

BOX TOPS

Flyers went home this week explaining a new partnership between Walmart and General Mills. Help us earn 50,000 Box tops for our school!! Contest runs from Dec. 28th – March 1st, 2017. Purchase some of the participating products at Walmart listed on the flyer and clip the "4 bonus certificate" on the package. For every bonus certificate we send in by March 1st, we are entered into a drawing for a chance to win 50,000 extra box tops! If you missed this in your student's folder, the participating products sheet is attached.

PTL MOVIE NIGHT FEBRUARY 18TH

Mark your calendars!! RSVP's will be going home soon so that we can have time to order food. Movies will be; The Secret Life of Pets and Miracles from Heaven. PTL is looking for TWO copies of each movie. If you have a copy and would allow PTL to borrow it for this event, please contact Lana Robison via Fast Direct as soon as possible.

FILLING THOSE SPRING FLING BASKETS TAKE ADVANTAGE OF END-OF-SEASON SALES!

Planning for the Spring Fling (April 1, 2017) has already begun! As part of our raffle, we will feature **Themed Baskets** filled with contributions from students' families. Each family is asked to donate items toward their children's classroom basket. Attached is a list of each classroom's theme and some ideas for donations. The baskets need items in all price ranges –it's up to you what you can and want to donate. Instead of an item, you may consider purchasing Scrip gift cards that would go along with the theme. You could also partner with another parent to purchase a larger item. We will also be looking for baskets or theme-related containers to fill with the items; for example, a beach tote would be a great container to hold other donations for the Summer Fun basket. We will not need the items until mid-March, but some items are seasonal, so now may be the time to gather those items. We also wanted to get the lists to you well in advance so that you may start looking and maybe take advantage of end-of-season sales. Please feel free to donate to other boxes if you would like. Watch for future announcements regarding the dates that we will be collecting the items. If you have items now and would like us to store them for you, please let us know. Any other questions, please contact Jessica Franck at (319) 721-4251.

PTL POSITIONS ARE NEEDED

For the 2017-2018 School Year, the PTL board will need 3 new members. A President, Vice President, and a Treasurer. The next PTL meeting is Jan 19. Any interested candidates should plan to attend. If you have any questions about any of these roles, please contact Lana Robison via fast direct.

CENTRAL NEEDS JANITORIAL HELP

All Seasons Cleaning Management is currently searching for two individuals to **immediately** fill nightly classroom cleaning positions at Central Lutheran School, Newhall. This is an excellent part time financial opportunity for a husband/wife cleaning combination, or a parent/high school student team (must be 18 to apply). Even grandparents that would like to financially assist their grandchildren in receiving a Christian education are eligible to apply. Contact Kandi @ All Seasons Cleaning Management [319-261-2268](tel:319-261-2268). Cleaning hours and cleaning strategies are flexible. If you have questions about what the job entails, stop at CLS in the evening and Jean Wild will be glad to answer your questions.

FROM THE PRINCIPAL'S DESK

(Part 8 of my synopsis of 12 Huge Mistakes Parents Can Avoid - Leading Your Kids to Succeed in Life by Dr. Tim Elmore)

Mistake #7: We won't let them struggle or fight. When we eliminate challenges and difficulties from their lives, kids are conditioned to give up easily without trying. When we do what seems natural - intervene and remove the struggle from our kids' lives - we actually create worse struggles from them later. This parenting mistake can hinder kids from learning how to get along with others, as well as making them prone to become depressed, feel less competent to manage life, and live less satisfied lives.

Kids are growing up in a world that is very different from the one we grew up in. Both teachers and parents have changed the way they approach leading students. Some of these changes are great, but some have unintended consequences.

Here is how to correct 4 mistakes we make with kids:

1. Adults won't let kids fail. To fix it, identify opportunities to allow your young person to take calculated risks and experience failure on a project or in class. Coach them but don't intervene and do it for them. Let them build that emotional muscle that is capable of enduring failure and seeing that they can live through it.
2. Adults won't let kids fall. To fix it, don't rescue kids from all harm. Guide them, coach them, and advise them on how to handle difficult times - but allow them the struggle of working their way through the process. No pain, no gain.
3. Adults won't let kids fear. To fix it, tell your kids and show them how to face fears. Pick a fear they have and help them create a plan to overcome it.
4. Adults won't let kids fight (meaning struggle). To fix it, pause and think before you remove hardship from your kids' lives. When they face conflict or adversity, don't remove it. Talk them through it. Encourage them that they have what it takes to overcome it.

Next week, is mistake #8: We give them what they should earn. You can find your own copy of this book here: <http://amzn.to/2eBRwyA>.

~Mrs Perez

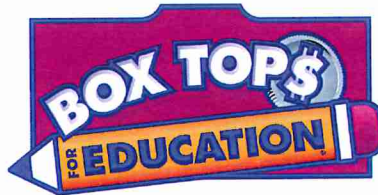
Sunday Worship Schedule

St. Stephen's Lutheran Atkins Worship 9:00am Sunday School 10:15am	St. John Lutheran Church Newhall Worship 8am, 10:30am Sunday School 9:15am	St. Andrew's Lutheran Church Van Horne Worship 10:00am Sunday School 8:45am
St. Mark's Lutheran Church Garrison Worship Sat 6pm, Sun 8am Sunday School 9am	Trinity Lutheran Church Vinton Worship Sat 5:30pm, Sun 9am Sunday School 10:15am	Zion Lutheran Church Shellsburg Worship 10am Sunday School 8:45am
Grace Lutheran Church Blairtown Worship 10am Sunday School 9am	First Lutheran Church Belle Plaine Worship Sat 6pm, Sun 10:15am Sunday School 9am	St. John Lutheran Church Keystone Worship Sun 10am Sunday School 8:45am

SUPPORT CLS



Bring in Coca-Cola bottle caps and codes.



Box tops earned CLS over \$800 in 5 weeks! Next submission deadline is in February!

Turn in all Hy-vee receipts – CLS earns 0.5% of the total. \$400 so far since May 1st, 2016!



Connecting faith & finances for good.™



Chapel News:

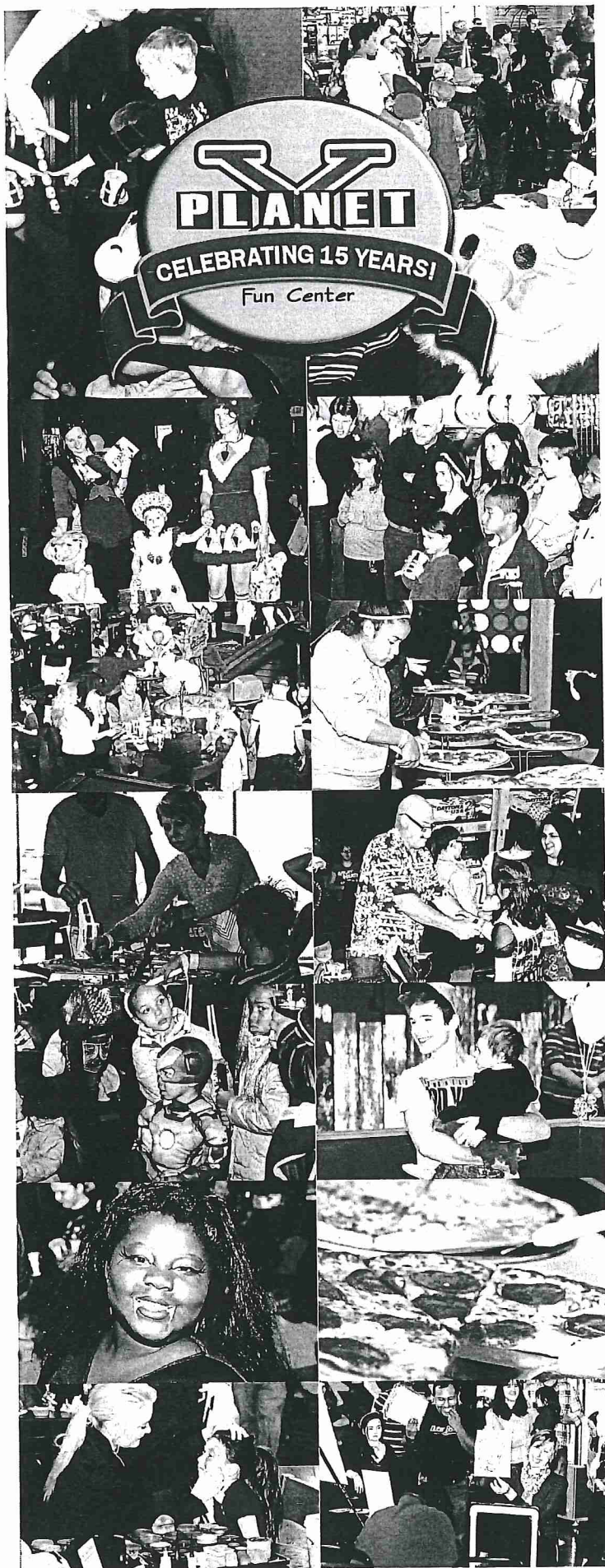
2nd Trimester Offering: Mission Central

Next chapel leader: Pastor Williamson

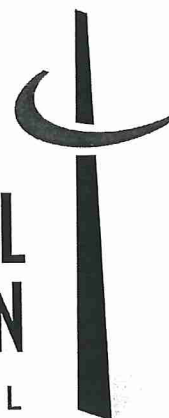
January Hymn: Praise the One Who Breaks the Darkness

Singing: 4th Grade

We will recycle your old cell phones.



**CENTRAL
LUTHERAN**
SCHOOL



CENTRAL LUTHERAN SCHOOL FUNDRAISER

**SUNDAY, JANUARY 22ND
5PM UNTIL 8PM
ONLY \$10.00**

**MINIATURE GOLF,
ROCK CLIMBING, INDOOR
PLAYGROUND, SPACEBALL,
JUMPSHOT, BUMPER CARS,
DELICIOUS PIZZA, SODA,
PLUS 1 GAME OF LASER TAG
+ KIRACATURES*, PAPA BALLOON*
AND CR SISTERS FACEPAINTING*!**

*SUBJECT TO AVAILABILITY!

**50% OF ADMISSION GOES
TO CENTRAL LUTHERAN SCHOOL**

**EVENT HOSTED BY
PLANET X FUN CENTER
4444 1ST AVE NE #3001
CEDAR RAPIDS, IA
PLANETXFUNCENTER.COM
319.294.2237**

Central Lutheran School
Basket Themes for Spring Fling Raffle
April 1, 2017

PRESCHOOL - Arts & Crafts

Beads
Construction Paper, Sketchbook
Crayons, Colored Pencils, Markers
Easy Craft Kits, Foam Stickers
Paint, Brushes, Finger Paints
Play-Doh & Accessories
Stickers, Glue, Scissors, Glitter Glue
Watercolors

KIND/1ST GIRLS – Girl's Gadgets

Barbies & Accessories
Disney Princess
Dolls & Accessories
Hair Accessories, Nail Polish, Socks
Hello Kitty, My Little Pony, Shopkins
Lego Friends Sets
Toy Horses
Toy Jewelry, Dress Up Clothing

3RD GRADE – Summer Fun

Beach Towel, Flip Flops
Frisbees, Hula Hoop, Jump Rope
Kites, Butterfly Nets, Bubbles
Large Beach Tote
Pool Toys, Floaties, Noodles
Sand Toys
Sidewalk Chalk
Sunglasses, Swim Goggles, Sun Visor
Sunscreen, Bug Spray

5TH GRADE – Family Fun Night

Board Games, Card Games
Bowling Passes, Movie Passes
Magic Trick/Science Experiment Kits
Movie DVDs, Puzzles
Restaurants/Pizza/Ice Cream Gift Cards
Outdoor Family Games
Snacks & Drinks (Non Perishable)

7TH/8TH GRADES – Hawkeye/Cyclone

Blankets, Totes, Backpacks
Coasters, Jug, Tumblers
Cups & Plates with Logo
Hats, Caps, Gloves, Socks
Stationery Items with Logo
Toys, Gadgets, T-Shirts, Sweatshirts
Window Decals, Flags

KIND/1ST BOYS – Boys Toys

Cars, Trucks, Trains, Tractors
Character Watch
Fisher Price Trios, Legos, K'Nex
Model Car Kits
Nerf Toys
Remote Control Vehicles
Transformers
Video Game/Minecraft Toys

2ND GRADE – Superhero

Anything with Superhero Theme:
Action Figures & Toys
Activity & Story Books
Band-Aids, Sunglasses, Watch
Blankets, Beach Towel
Costumes, T-shirts, Hats
School Supplies, Puzzles, Stickers
Water Bottles, Cups, Plates

4TH GRADE – Green Thumb

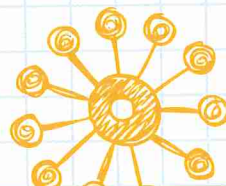
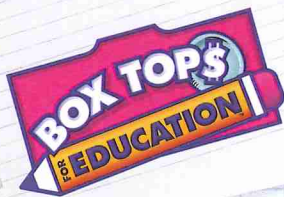
Fertilizer-Miracle Grow
Flower Pot, Potting Soil
Garden Ornaments
Gloves, Kneeling Pad
Hand Tools, Pruning Shears, Trowels
Large Bucket or Tub
Seeds, Bulbs
Small Lawn Cart
Watering Can, Hose, Nozzle

6TH GRADE – Cubs OR Candy/Pop

T-Shirts, Sweatshirts, Hats/Caps, Gloves
Scarf, Bracelets, Headbands, Socks
Tumblers, Mugs, Window Decals
Blankets, Bags/Totes, Gadgets
Posters, Flags
OR 2 large bags candy and 2 6pks of
bottled pop for games (no cans please)

STAFF – Spa Day

Bath Bombs/Salts, Soaps & Gels
Body Butter, Oils, Lotions
CD of Soothing Music, Massage Tools
Manicure/Pedicure Accessories
Scented Candles, Chocolate
Shower Brush, Loofah Sponge
Slippers, Towel



RETURN-TO-SCHOOL DRAWING

DEAR PARENT/GUARDIAN,

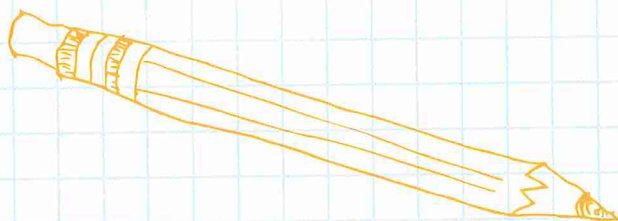
Return to School with Box Tops for Education! Box Tops for Education plays an important part in helping our students succeed. You can celebrate 20 years of Box Tops by helping us earn even more thanks to the Return-to-School Drawing.

★ **HELP ME EARN 50,000 BONUS
BOX TOPS FOR OUR SCHOOL!** ★

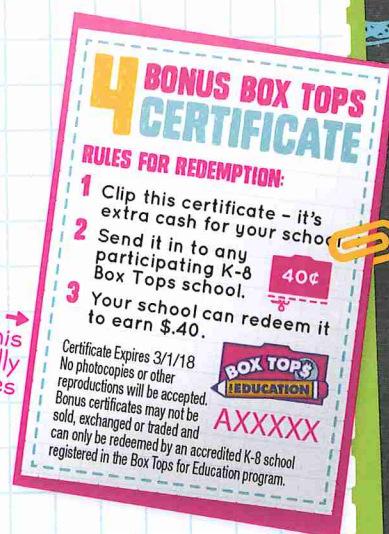
Thanks to General Mills and Walmart, every Walmart-exclusive Box Tops Certificate that we clip and collect until 3/1/2017 earns our school a chance to be one of 20 winners of 50,000 Bonus Box Tops — **that's \$5,000 for our classrooms!**

With your help, we can make a difference for our school.

THANKS FOR ALL YOUR HARD WORK AND SUPPORT!



Look for this
on specially
marked packages



NO PURCHASE NECESSARY. Open to US residents of majority age. Starts 12/28/2016 & ends 3/1/2017. Void where prohibited. See inside package for official rules, including alternate method of entry.

PRODUCT LIST

ANNIE'S

- Annie's® Organic Shells & White Cheddar Macaroni & Cheese 6 oz. Box
- Annie's® Shells & Real Aged Cheddar Macaroni & Cheese 6 oz. Box
- Annie's® Berry Patch Organic Bunny Fruit™ Snacks
- Annie's® Classic Macaroni & Cheese 6 oz. Box
- Annie's® Gluten Free Rice Pasta & Cheddar Macaroni & Cheese 6 oz. Box

CEREAL

- Honey Nut Cheerios Family Size Banded Pack
- Cinnamon Toast Crunch Family Size Banded Pack
- Honey Nut Cheerios Family Size
- Cinnamon Toast Crunch Family Size
- Lucky Charms Family Size
- Reese Puffs Family Size
- Family Size Cookie Crisp

MEALS

- Betty Crocker™ Cheeseburger Macaroni Hamburger Helper™ — Twin Pack
- Betty Crocker™ Stroganoff Hamburger Helper™ — Twin Pack
- Betty Crocker™ Beef Pasta Hamburger Helper™ — Twin Pack
- Betty Crocker® Lasagna Hamburger Helper® — Twin Pack
- Progresso Traditional Chicken Noodle
- Progresso Rich & Hearty Chicken Noodle
- Progresso Traditional NE Clam Chowder
- Progresso Light Chicken Noodle
- Progresso Traditional Chicken Wild Rice
- Old El Paso™ Mini Flour Tortilla Taco Boats™
- Old El Paso™ Taco Boats™ Flour Tortillas 8 ct Pack
- Old El Paso™ Stand 'n Stuff™ Bold Nacho Cheese Flavored Taco Shells 10 ct Box
- Old El Paso Stand 'n Stuff Ranch Flavored Tacos
- Totinos Pizza Combination Party Pack
- Totinos Pizza Pepperoni, Party Pack
- Totinos Pizza Triple Cheese, Party Pack
- Totino's Party Pizzas Triple Meat
- Totinos Pizza Snacks Cheese 90 Count
- Totinos Pizza Snacks Pepperoni 90 Count
- Totinos Pizza Rolls Combination 90 Count
- Totinos Pizza Rolls Triple Meat 90 Count

SNACKS

- Nature Valley Granola Bars Crunchy, Oats 'n Honey, Value Pack
- Nature Valley Granola Bars Sweet & Salty Nut, Variety Pack
- Nature Valley Salted Caramel Nut Protein Chewy Bars
- Nature Valley™ Peanut Butter Dark Chocolate Protein Chewy Bars
- Nature Valley Granola Bars Crunchy, Oats 'N Honey 6 Count
- Nature Valley Granola Bars Sweet & Salty Nut, Almond 6 Count
- Nature Valley Granola Bars Sweet & Salty Nut, Cashew 6 Count
- Nature Valley Granola Bars Sweet & Salty Nut, Peanut 6 Count
- Nature Valley® Biscuits with Almond Butter 5 Count
- Nature Valley® Biscuits with Peanut Butter 5 Count
- Fiber One™ Key Lime Cheesecake Bars 5 Count
- Fiber One Chewy Bars Oats & Chocolate, Value Pack
- Fiber One Brownies 90 Calorie, Chocolate Fudge, Value Pack
- Fiber One™ 90 Calorie Lemon Bar Soft-Baked Bars 12 ct Box
- Fruit by the Foot Tie Die Fruit Snacks, Value Pack
- Mott's® Medleys Assorted Fruit Flavored Snacks 24 ct Box
- Betty Crocker Fruit Flavored Snacks Mini Size
- Betty Crocker Fruit Flavored Snacks Scooby-Doo!, Assorted Fruit

YOGURT

- Yoplait® Original Strawberry/Harvest Peach Low Fat Yogurt Variety 8 Pack
- Yoplait® Original Strawberry/Strawberry Banana Low Fat Yogurt Variety 8 Pack
- Yoplait® Original Strawberry/Mixed Berry Low Fat Yogurt Variety 8 Pack
- Yoplait® Original Strawberry Low Fat Yogurt 8 Pack
- Yoplait® Go-Gurt® Raspberry/Strawberry Banana Portable Low Fat Yogurt Variety 16 Pack
- Yoplait® Go-Gurt® Punch/Strawberry Watermelon Portable Low Fat Yogurt Variety 16 Pack
- Yoplait® Go-Gurt® Berry/Strawberry Portable Low Fat Yogurt Variety 16 Pack

**EARN 5
BOX TOPS
ON THESE PRODUCTS**

While supplies last.



January 2017

Calendar for Lunch Menu Rieck (Kitchen) 7271 views
(Viewed by Staff: Mrs. Kristin Meyer)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>USDA is an equal opportunity provider and employer</p> <p>8</p>	<p>No School</p> <p>9</p>	<p>3</p> <p>Chicken sand, corn/radishes, applesauce</p> <p>10</p> <p>Chili/crackers, carrots, pears, cinn. roll</p> <p>16</p> <p>No School (PD)</p> <p>23</p> <p>Turkey & cheese, cooked carrots/radishes, pears, pudding</p> <p>30</p> <p>Pulled pork, peas/cucumbers, man. oranges</p>	<p>4</p> <p>Chicken noodle soup/crackers, carrots/celery, pears, cinn. breadsticks</p> <p>11</p> <p>Chicken strips, corn/red peppers, applesauce/strawberries</p> <p>18</p> <p>1:15 Dismiss (PD) Chicken nuggets, corn/red pepper, applesauce, B & B sand</p> <p>25</p> <p>PTL Pizza, carrots, oranges, sugar cookie bars</p>	<p>5</p> <p>French toast/sausage, hashbrown/cucumbers, juice, apple crisp</p> <p>12</p> <p>Scalloped pot/ham, peas, man. oranges, B & B sand</p> <p>19</p> <p>Mac & cheese, gr. beans/broccoli, oranges, B & B sand</p> <p>26</p> <p>Crispito/cheese sauce, broccoli/celery, oranges, B & B sand</p>	<p>6</p> <p>Hamburgers, cooked carrots/broccoli, man. oranges</p> <p>13</p> <p>1:15 Dismiss (PD) Corn Dogs, Baked beans/cauliflower, peaches, jello</p> <p>20</p> <p>Maidrites, bakes beans/cauliflower, apples, cookie</p> <p>27</p> <p>Pork patty, baked beans/cauliflower, apples</p>	<p>7</p> <p>14</p> <p>21</p> <p>28</p>



CENTRAL LUTHERAN SCHOOL Board of Directors Meeting November 28, 2016

The meeting began with Kurt Slouha leading the board in a devotion on Tough Relationships.

Call To Order

With a quorum of board members present, the regular meeting of the Board was called to order by Chairman Justin Gorsh. Roll call was as follows:

Board Members			
<u>Name</u>	<u>Roll</u>	<u>Name</u>	<u>Roll</u>
Joe Wallace	Present	Jason Wolf	Absent
Suzie Kochuyt	Present		
J Schanbacher	Present	Justin Gorsh	Present
Kurt Slouha	Present	Jeff Williamson	Present

Others in Attendance	
<u>Name</u>	<u>Name</u>
Nichole Perez	Pastor Rempfer
Pastor Woltemath	Caitlyn Wyant

Minutes from Previous Meeting

MOTION was made by J Schanbacher to accept the minutes from the October regular meeting, two October email votes and one November email vote as amended. Jeff Williamson seconded the motion. Motion carried.

Financial Reports

- 1) Combined Financial Report Presented:

MOTION was made by Jeff Williamson to accept the financial reports. J Schanbacher seconded the motion. Motion carried.

Committee Reports

Principal's Report

- 1) Enrollment – no change since last meeting
- 2) Account Balances - only one family has an outstanding balance. Jackie has been charging the late fee which has greatly reduced the number of families with a past due balance.
- 3) Events – the Science Fair had great projects. Ten students attended the IDE Science Fair. Both Zachary Freedom and Dave Anderson had concerts at Central. Gary Thies visited from Mission Central. The 5th – 8th Grade Musical was well done.
- 4) Training – All faculty and staff will attend training on student de-escalation
- 5) PTL Brunch – 550 people attended. They netted \$4,271 and collected \$923 from quilt raffle.
- 6) PTL Plant Sales – Janet's Jungle has not been responsive so they're looking at Swift Greenhouses but preorders would not be available.
- 7) Faculty/Board Meeting – we are meeting December 5 at 4:30 for a review of the year so far.

- 1) Gutter & Tile Work – There are several options to prevent the water problems that we had twice this fall but the option we need to take is not apparent. Jared Stein is willing to put a gutter along the backside of the building for \$450 to run all of the water to the north end of the addition.

MOTION was made by J Schanbacher to approve up to \$500 to do the gutter solution proposed by Jared Stein. Jeff Williamson seconded the motion. Motion carried.

New Business

- 1) Endowment Policy/By-Laws – Justin is working on the policy needed and plans to have something for the Board to approve by the December meeting.
- 2) Housing Allowance for 2017 – Discussed the housing allowance as provided by teachers

Name	Percentage of Salary to Designate as Housing
Carley, Denise	75%
Fry, Jessica	40%
Getka, Allison	40%
Keuning, Hannah	75%
McKinney, Rebecca	50%
Meyer, Kristin	63%
Perez, Nichole	75%
Runge, David	80%
Williamson, Pamela	0%
Wyant, Caitlin	70%

- 3) Parent/Student Handbook – discussed the late arrival policy and how effective it has been as well as the change to only allowing prepackaged food.

Closing

MOTION was made by J Schanbacher to adjourn the meeting. Jeff Williamson seconded the motion. Motion carried.

Next meeting December 19 @ 6:30PM

The meeting was closed with the Lord's Prayer.

Respectfully submitted,
Suzie Kochuyt, Secretary 2016

Benton Blazers Dance Clinic

When: Saturday, January 14th 2017

Where: Van Horne High School Gym

Time: Registration 7:30a.m.-8:00a.m.

Clinic: 8:00a.m.-10:15 a.m.

Cost: \$25.00 a person



Price includes clinic, a T-shirt, snack and a chance to

Perform at the High School on Tuesday, January 17th, 2017 at a boys' basketball game.

{Against Clear Creek Amana, performance during half time of Sophomore game, approximately 6:15 - 6:30}

Due: Friday, January 6th, 2017

I need to turn in T-shirt orders in by January 6th in order to have the shirts by the clinic.

(At the conclusion of the dance clinic we will draw the names of participants,
that receive a poster of the Benton Dance Team as a door prize.)

Student's Name _____ age _____

School attends _____ Grade _____

Parents name _____ Home phone _____

Classroom Teacher _____ Cell Phone _____

Size of T-shirt: child small _____

Adult small _____

Child medium _____

Adult medium _____

Child large _____

Adult large _____

paid _____ check # _____

Make checks payable to Benton Community Dance.

Walk ins are welcome the day of the event. If we run out of T-shirts, I will put in another order to have them for Tuesday evening performance. (If you have questions call Christine Petersen at 228-8174.)

If your child cannot attend the clinic but would like a Dance T-shirt, the cost is \$15.00 each.