



THE CORRESPONDENT  
MAY 11th, 2017

**CALENDAR AT A GLANCE:**

Track Meet @ LIS	5/13
Athletic Banquet @ 6:00	5/14
K-8 <sup>th</sup> Grade Field Trip to Tanager	5/16
Chapel @ 8:30/Early Dismiss @ 1:15	5/17
Last Day of Classes 1:15 Dismiss-closing chapel @12:30	5/26

**JESUS**  
is my superhero

**Jesus is my Superhero**  
(Joshua 1:9)

**Mission Statement:**  
Central Lutheran assists our families and congregations by preparing children to be disciples for this life and the life to come.

**Principal**  
Nichole Perez  
principal@centrallutheranschool.org

310 3<sup>rd</sup> Street W  
Newhall, IA 52315  
Office: 223-5271 Fax: 223-5257

**Whose UR**

Lutheran Family Services will be hosting a presentation Wednesday, May 24<sup>th</sup> @ 5:00. The presentation will focus on Social Media. The program is designed for parents and their pre-teens and teens, but all parents and children are invited to attend. Dinner will be provided at no cost at 5:00 with the presentation being from 5:30-6:30 p.m. More information is attached here at the end.

**CLS Night at the Ballpark**

Forms were sent home for the upcoming Kernels game in June. PTL is taking care of all CLS



students, staff and their immediate families this year. Additional tickets are \$6 and you can order them on your form.

Forms are due back in the office by Wed. May 24<sup>th</sup>. The CR Kernels will take on the Burlington Bees Tuesday, June 27<sup>th</sup>!!!!

**CLS Track Meet is SATURDAY @ LIS High School in Williamsburg.**  
Opening devotions are at 8:45, Field Events start at 9:00 and running events start at 9:45. Runners were all given their events on Tuesday at practice. Free will donation for admission will be taken at the door. Order of Events is attached.

## **50th ANNIVERSARY DVD'S**

**Thanks to our students for their beautiful voices and songs of praise during the 50th Anniversary Service this past Saturday, as well as a huge thank you to Miss Keuning for directing them!**

**As a reminder, there is a DVD available for purchase as a memento of the day which will include the service, footage of the principal's brunch, the "What I love about Central" video played during the service, and over 1000 photos from the last 50 years (digitized yearbooks and other historical artifacts).**

**We will be taking orders for the DVD through Friday May 12th, if you would like to purchase one or more, please contact the office with your delivery information and payment (\$20). The DVDs will be likely be ready in June.**

## **SCRIP NEWS**

**Just in time for graduation, confirmation and Mother's Day and teachers. Special \$5 and \$10 denomination gift cards available for a short time. They include Target, Starbucks, Red Lobster, I-Hop, Barnes & Noble, Applebee's, AMC Theatre, and Amazon.com. Newhall Locker, Shortcakes, and Hole in One cards available for meals to celebrate your special occasion.**

## **HY VEE FUNDRAISER FOR CLASS TRIP**

**Funds are going toward the St. Louis Trip for our current 6th and 7th graders. Trip will occur in Spring of 2018. Purchase a coupon book for \$10. \* \$7 profit for the students! \* Purchaser spends \$50 in the store and receives a \$5 gift card! \*Fuel Saver Perk: spend \$50 and receive \$0.25 cents off per gallon \*Lots of other money saving coupons! (Coupon book is only valid at Cedar Rapids and Marion stores.) How do I purchase one? Stop in the office or contact your local 6th or 7th CLS student. Sale ends May 22<sup>nd</sup>.**





## HELP THE ATKINS FOOD BANK WITH DONATIONS!

For the rest of the school year, Central Lutheran will be gathering donations for the Atkins Helping Hands Food Pantry. This organization offers food and other supplies to families living anywhere in Benton County. Currently, they regularly serve 35-40 families. Please see the list of suggested items attached. Any non-perishable items can be donated. Please check expiration dates. Monetary donations can also be given to help them defray costs for fresh milk, produce, and

meat items. Contact Susan Voss with questions. Thank you for your generosity

## FROM THE PRINCIPAL'S DESK

### 5 THINGS

Times have changed greatly when it comes to raising a child. With new times come new habits, sets of behavior and attitudes that seem very different from the ones we were used to when we were kids. Today's generations are all geared up with the newest technology that seems to distract them from the need to go out and play, socialize in the ways we used to or just spend time having fun. Every parent asks the same questions: Am I missing something? Am I doing everything right? Will my child succeed in life? Psychologists at Harvard University have thought the same questions and have found that there are several elements that are still very important and basic. These are the 5 things that parents who raise "good" kids do:

1. Spend quality time with your children.
2. Let your kids see a strong moral role model and mentor in you.
3. Teach your child to care for others and set high ethical expectations.
4. Encourage kids to practice appreciation and gratitude.
5. Teach them to see the big picture.

I would add one more thing to that list: #6. Teach your child about Jesus every day! That should really be the first item on the list because the rest of the items occur because you and your child know Jesus as your Lord and Savior! It really is all about Jesus!

~Mrs. Perez

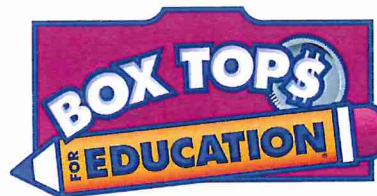
## Sunday Worship Schedule

<p>St. Stephen's Lutheran Atkins Worship 9:00am Sunday School 10:15am</p>	<p>St. John Lutheran Church Newhall Worship 8am, 10:30am Sunday School 9:15am</p>	<p>St. Andrew's Lutheran Church Van Horne Worship 10:00am Sunday School 8:45am</p>
<p>St. Mark's Lutheran Church Garrison Worship Sat 6pm, Sun 8am Sunday School 9am</p>	<p>Trinity Lutheran Church Vinton Worship Sat 5:30pm, Sun 9am Sunday School 10:15am</p>	<p>Zion Lutheran Church Shellsburg Worship 10am Sunday School 8:45am</p>
<p>Grace Lutheran Church Blairstown Worship 10am Sunday School 9am</p>	<p>First Lutheran Church Belle Plaine Worship Sat 6pm, Sun 10:15am Sunday School 9am</p>	<p>St. John Lutheran Church Keystone Worship Sun 10am Sunday School 8:45am</p>

## SUPPORT CLS



Bring in Coca-Cola bottle caps and codes. Ending March 22.



Box tops earned CLS over \$1400 this year! Thank you to all who contributed to the contest!!

Turn in all Hy-vee receipts – CLS earns 0.5% of the total. \$1410 was raised this year!!



*Connecting faith & finances for good.™*

### Chapel News:

**3rd Trimester Offering:** Hearts for Jesus

**Next chapel leader:** Mrs. Perez

**May Hymn:** All Hail the Power of Jesus' Name

**Singing:** Hosanna Choir



We will recycle your old cell phones.



*I can do all things through Christ who gives me strength. Phil. 4:13*

**Dear Friends in Christ,**

**LIS is pleased to host the IDELSAC track meet. Please note the following.**

**Date:** Saturday, May 13, 2017 beginning at 8:45 AM with devotions

**Site:** Williamsburg High School in Williamsburg, IA

**Directions:** From I-80 exit 220, take HWY 149 1 mile south to Williamsburg. Turn west on North St or State St and continue west to the high school.

**Entry fee:** \$60.00 per school or \$2 per participant, whichever is less

**Admission fees:** None, but there will be a donation box out. Please communicate to parents.

**Tshirts:** Order form will be coming.      **Concessions:** Available on site

**Track and Field Meet Guidelines:** Make sure coaches and participants are aware of them.

**Schedule:** Devos @ 8:45, Field Events @ 9:00, Running Events @ 9:30

**Restrooms:** Behind the home team bleachers

**Scratches/Changes:** To be made by coaches by 8:15 in the pressbox.

**Coaches' meeting(if needed):** 8:30 by the pressbox.

**Sportsmanship Plaque:** The plaque will be presented at the closing by Mark Mueller. Bring the travelling plaque(Valley).

**Field Event Responsibilities:**

**Long Jump:** Valley    **Triple Jump:** Central    **Standing Long Jump:** Community

**Shot/Discus:** Trinity, CR    **Softball Throw:** Trinity, Davenport

Get paperwork at pressbox.

**Contacts @ LIS:**

andyarmbrecht@hotmail.com      Peggy Grimm - 319-664-3038      Cell - 319-329-4624  
Andy Armbrecht - 319-668-1562      Cell - 515-537-4969

# IOWA DISTRICT EAST LUTHERAN SCHOOLS ATHLETIC CONFERENCE TRACK & FIELD MEET

May 13, 2017

Devotions at 8:45 A.M.

RUNNING EVENTS – Begin at 9:30 A.M. Events follow one another:

200 METER DASH FINALS

7-8 GIRLS, 7-8 BOYS

50 METER DASH PRELIMINARIES

3-4 GIRLS, 3-4 BOYS, 5-6 GIRLS, 5-6 BOYS

800 METER RUN FINALS

3-4 GIRLS, 3-4 BOYS, 5-6 GIRLS, 5-6 BOYS, 7-8 GIRLS, 7-8 BOYS

75 METER DASH PRELIMINARIES

3-4 GIRLS, 3-4 BOYS

100 METER DASH PRELIMINARIES

5-6 GIRLS, 5-6 BOYS, 7-8 GIRLS, 7-8 BOYS

400 METER DASH FINALS

3-4 GIRLS, 3-4 BOYS, 5-6 GIRLS, 5-6 BOYS, 7-8 GIRLS, 7-8 BOYS

50 METER DASH FINALS

3-4 GIRLS, 3-4 BOYS, 5-6 GIRLS, 5-6 BOYS

1600 METER RUN FINALS

5-6 GIRLS, 5-6 BOYS

75 METER DASH FINALS

3-4 GIRLS, 3-4 BOYS

100 METER DASH FINALS

5-6 GIRLS, 5-6 BOYS, 7-8 GIRLS, 7-8 BOYS

1600 METER RUN FINALS

7-8 GIRLS, 7-8 BOYS

4 x 100 RELAYS

3-4 GIRLS, 3-4 BOYS, 5-6 GIRLS, 5-6 BOYS, 7-8 GIRLS, 7-8 BOYS

SPRINT MEDLEY

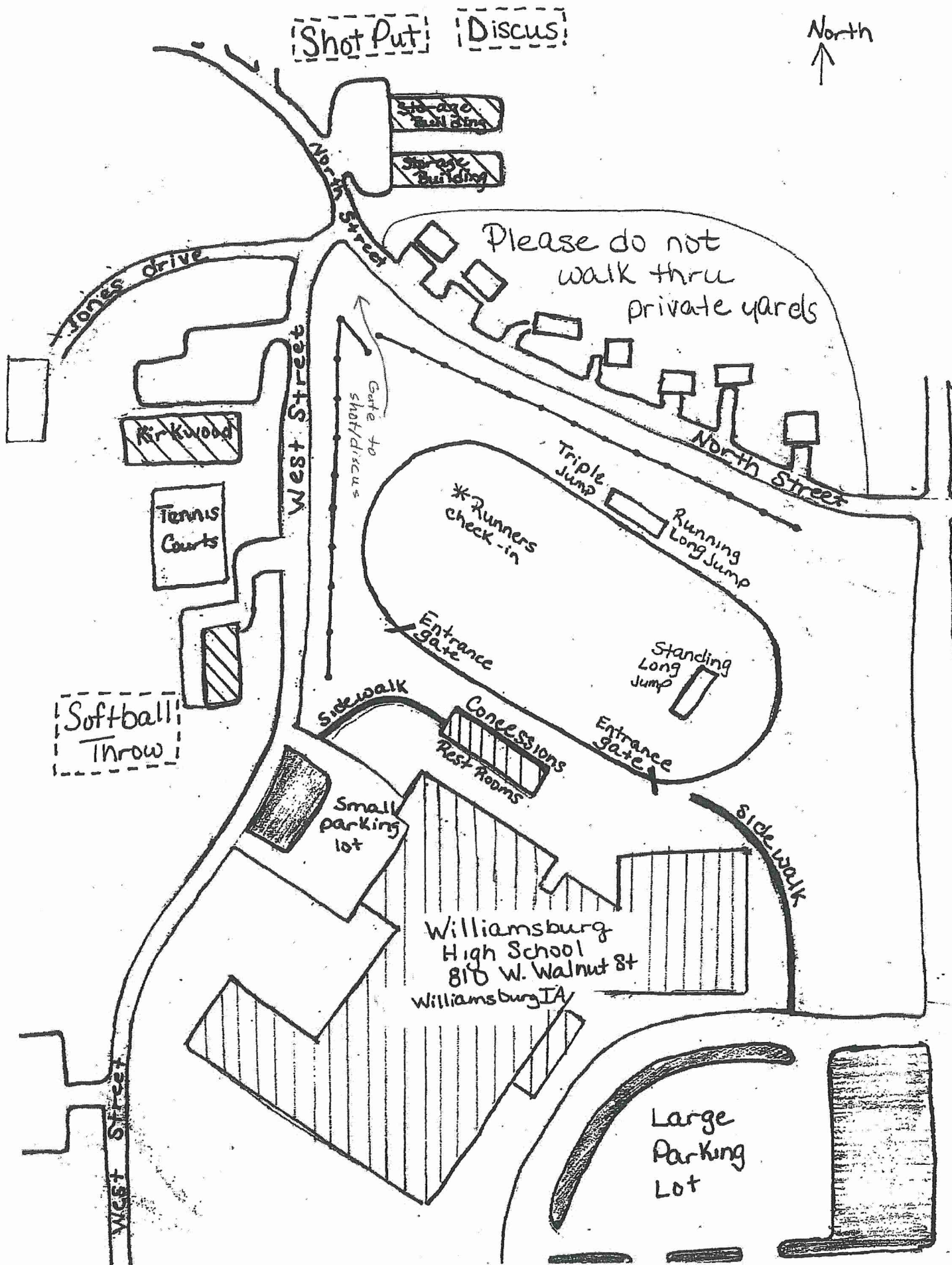
5-6 GIRLS, 5-6 BOYS

DISTANCE MEDLEY  
7-8 GIRLS, 7-8 BOYS

If an athlete is competing in a running event and a field event which are held at the same time, the athlete must inform the judge of that field event and go compete in the running event first.

FIELD EVENTS – Events follow one another. Times are estimates only:

9:00 A.M.	9:00 A.M.	9:00 A.M.
SHOT PUT	SOFTBALL THROW	TRIPLE JUMP
7-8 BOYS	5-6 BOYS	3-4 BOYS
7-8 GIRLS	5-6 GIRLS	3-4 GIRLS
	3-4 BOYS	7-8 BOYS
	3-4 GIRLS	7-8 GIRLS
		5-6 BOYS
		5-6 GIRLS
10:15 A.M.	9:00 A.M.	10:15 A.M.
DISCUS	STANDING LONG JUMP	LONG JUMP
7-8 BOYS	3-4 GIRLS	7-8 BOYS
7-8 GIRLS	3-4 BOYS	7-8 GIRLS
		5-6 BOYS
		5-6 GIRLS
		3-4 BOYS
		3-4 GIRLS





# Whose U R

## Wednesday, May 24 @ 5pm

Lutheran Family Service developed the Whose UR program to bring a positive message for a healthy life to young people in our communities, focusing on important topics facing young people today.

In Whose UR, we explore identity, self-esteem and how culture influences who we are and how we perceive and present ourselves.

**The presentation will focus on Social Media.** We will help young people recognize how the ever-present social media networks can be used in healthy ways, like reaching out to help others, but also teaches how to avoid social media dangers like bullying and inappropriate content.

The program is designed for parents and their pre-teens and teens, but all parents and children are invited.

THANK YOU to Thrivent Financial, Lutheran Family Services, and PTL for donating time/money to bring this program to us FREE OF COST.

Dinner will be provided at no cost!

Dinner = pizza, veggies, drinks, cookies @ 5pm

Presentation: 5:30pm - 6:30pm

Please return the bottom portion to the office by Monday, May 22.

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Family name: \_\_\_\_\_

\_\_\_\_\_ Our family will be attending the Whose UR presentation.

# of *adults* for dinner: \_\_\_\_\_

# of *kids* for dinner: \_\_\_\_\_





# CLS Night at the Ballpark

What could be more fun than watching the Cubs wallop the Cards? Watching the CR Kernels wallop the Burlington Bees **Tuesday, June 27 at 6:35 pm**. It's time for CLS Night at the Ballpark. We'll be there the same night as Thrivent for Lutherans. PTL will pick up the price of the students' (preschool – 8<sup>th</sup> grade) and staff tickets and their immediate families. All other tickets are \$6.00.

We need all ticket orders in the office by **Wednesday, May 24th**. Please fill out the slip below and return with your check or cash. Threes and under are FREE but they must sit on your lap.

**RETURN TO OFFICE BY Wednesday, May 24th**

Student/Immediate Family tickets (write # of tickets; PTL pays) \_\_\_\_\_

Staff /Immediate Family tickets (write # of tickets; PTL pays) \_\_\_\_\_

Other tickets (write # of tickets; you pay \$6 ea.) \_\_\_\_\_

**Total tickets** \_\_\_\_\_

**Total Money Enclosed** \_\_\_\_\_

**Checks payable to: "CLS"**

Family Name: \_\_\_\_\_

Pick up tickets at Thrivent table outside the stadium gates.

Jubi Choir Students willing to sing? (Yes/No) \_\_\_\_\_

Students wanting to do a pre-game activity? (Yes/No) \_\_\_\_\_



**Vacation Bible School 2017**  
***MIGHTY FORTRESS***  
**In Jesus, The Victory Is Won!**



**- Student Registration -**

**Registration Form can be mailed in, turned into the church office Tuesday- Friday, or  
can also be done electronically at [www.stjohnofnewhall.org](http://www.stjohnofnewhall.org)**

**Date:** Monday, June 5 to Friday, June 9, 2017  
**Time:** 9:00 a.m. – 11:55 a.m.  
**Where:** St. John Lutheran Church, 310 2<sup>nd</sup> St. E, Newhall  
**Classes:** 3 yr old (as of January 1, 2017) through those just completing 6<sup>th</sup> grade

**\*\* Please provide a white 100% cotton t-shirt for your child(ren)'s VBS shirt(s). \*\***

**Name:** \_\_\_\_\_

**Street Address and City:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_

**Work Phone:** \_\_\_\_\_

**Cell Phone:** \_\_\_\_\_

**E-mail Address:** \_\_\_\_\_

**Students To Register**

<b>Name</b>	<b>Age</b>	<b>Grade Just Finished</b>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Family Doctor:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Does your Child have any allergies or other medical conditions that we need to know about?**

\_\_\_\_\_

The undersigned hereby gives permission for the student(s) registered above to attend St. John Lutheran Church – Vacation Bible School and with this signed agreement, absolves the staff of St. John Lutheran Church, the Vacation Bible School volunteers and any and all members of it's governing boards of any responsibility for the safety, welfare, health, and well-being of the child(ren) named above, beyond such matters as may be called reasonable care for child(ren) in the custody of the staff and volunteers and subject to the staff and volunteer's clear instructions, and assumes personally and exclusively all responsibility and liability for any accident, injury, etc., which may occur to the child(ren) named above during the time of the specific activity as set forth at the beginning of the paragraph.

**Contact Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\_\_\_\_\_ Check here if you would like to be contacted about volunteering at VBS



**BENTON YOUTH SOCCER ASSOCIATION  
FALL 2017**

[www.bentonyouthsoccerassociation.com](http://www.bentonyouthsoccerassociation.com)

Divisions will be: K-1, 2-3, 4-5 & 6,7 & 8 (this division will be divided into boys and girls this season if we have the numbers to do so- it will not be co-ed. )

Games will start on Labor Day Weekend due to fields cannot be in use Sept. 30th.

Cost \$25 per child (includes shirt & socks)

\$10 per child (no shirt & socks)

Make checks payable to: *BYSA*

Registration forms due to building secretaries by:



**Wednesday, May 24th, 2017**

**MORE THAN 400 KIDS PLAYED ON 39 TEAMS IN THE SPRING!**

**DETACH BOTTOM AND RETURN TO SCHOOL SECRETARY BY MAY 24th!!!**

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STUDENT NAME \_\_\_\_\_ GRADE IN FALL 2017 \_\_\_\_\_

CIRCLE SHIRT SIZE YS YM YL AS AM AL AXL CIRCLE: MALE FEMALE

PARENT/GUARDIAN NAME \_\_\_\_\_

CONTACT PHONE NUMBER \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

EMAIL \_\_\_\_\_

EMERGENCY CONTACT (name & phone #) \_\_\_\_\_

Willing to help coach or assistant coach?    Yes            No

*Benton Youth Soccer Association, towns of Atkins, Blainstown, Keystone, Newhall, Norway and Van Horne cannot be held liable for injuries which may occur during any practice or game played during Fall 2017.*

Parent/Guardian Signature \_\_\_\_\_

Date: \_\_\_\_\_

## Positive Behavior System Year End Reward Field Trip

Our kids did a great job with P.B.S. this year! Because they met every monthly goal, they are being rewarded with an all school (K-8) field trip.

We are going to Camp Tanager on Tuesday, May 16. Students will have the opportunity to go swimming, play GaGa ball, 9 square in the air, capture the flag, teambuilding games, relays, archery, and more!

**Info on the swimming pool:** It is an outdoor, heated pool. It has a zero-entry area for children who want to play in the water but do not swim. Trained lifeguards will be on duty to watch over those who are swimming. The children will only be in the pool with the grade above or below them (no 8<sup>th</sup> graders in the pool at the same time as 1<sup>st</sup> grade). Please indicate on the permission slip if your child **may** or **may not** go swimming.

Students need to bring:	
<ul style="list-style-type: none"> <li>• Sunscreen</li> <li>• Towel</li> <li>• Sack lunch</li> <li>• Water bottle</li> </ul>	<ul style="list-style-type: none"> <li>• Sandals for pool area</li> <li>• Tennis shoes</li> <li>• A bag with NAME for everything</li> </ul>

Students are responsible for their own items. Teachers will be happy to help students apply sunscreen but children need to keep their items together. Please write your child's name on ALL their belongings.

Please dress your child appropriately for the weather that morning. We will be going on the trip rain or shine. They have an indoor area for games and activities if we cannot be outside. Students will swim if it's raining but not if there is thunder and lightning.

We are going to Camp Tanager on Benton busses. We do not have space to accommodate any additional chaperones. We cannot allow parents to join us, as we have limited space at the Camp. There will be plenty of adult supervision from the Camp, teachers, and staff.

The busses will leave Central at 9am. We will return at approximately 2:30pm - in time for early bus riders to catch their bus.

### PERMISSION SLIP DUE BY FRIDAY, MAY 12