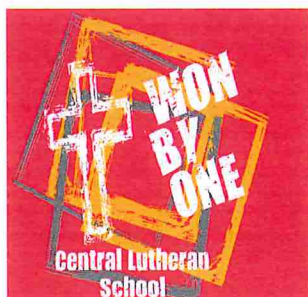




THE CORRESPONDENT FEB. 1st, 2018

CALENDAR AT A GLANCE:

Winter Testing for K-8 th grade	1/29-2/9
Show Choir 1:30- 4:30	2/2
Varsity IDE Tournament @ Davenport	2/05- 2/06
12:15 DISMISS	2/09
PTL Movie	2/17
Festival of Bands	2/20



Victory through Jesus!
(1 Corinthians 15:57-58)

Mission Statement:
Central Lutheran assists our families and congregations by preparing children to be disciples for this life and the life to come.

Principal
Nichole Perez
principal@centrallutheranschool.org

310 3rd Street W
Newhall, IA 52315
Office: 223-5271 Fax: 223-5257

Varsity IDE Tournament Bracket is Attached.

CLS Night at the RoughRiders

On Friday, March 23rd, we will be hosting a CLS Night at the Cedar Rapids RoughRiders! Jubilation (students in grades 5-8) has been asked to sing the National Anthem. There are 58 students in Jubilation, but we can take a max of 45 students onto the ice to sing. If more than 45 students in Jubilation turn in their order forms, we will take the first 45.

When you turn in your order form, *please write your child's name on the sheet to indicate that he or she is in Jubilation and will be singing.* This will make it easier to count and keep track of how many singers we have.

Singers get into the game for free and CLS parents, friends, and families attending get in at a discounted price. Please see the flyer for more information.

ST. JOHN - KEYSTONE ANNUAL SOUPER BOWL SOUP DINNER

will be held this Sunday, February 4th, with service from 11:30 a.m. until 1:00 p.m. On the menu will be homemade chili and chicken noodle soups along with ham and cheese sandwiches, egg salad sandwiches, relishes, and homemade desserts and pies served with Schwan's ice cream! A free will donation will be collected at the door. All proceeds from the meal will be given to Lutheran Family Service.

**CLS JV BOYS AND GIRLS BASKETBALL TEAMS
BRING HOME THE CHAMPIONSHIPS AT THE IDE
TOURNAMENT LAST WEEKEND! CONGRATS TO
ALL OF OUR 5TH-6TH GRADE PLAYERS AND
COACHES!**



Front Row: Abigail Jones, Laura Junge and Carissa Timmerman.
Back Row: Alannah McKibben, Evelyn Mahan, Ashlyn Franck, Kiera Coffin, Ashlee Michels and Emily Davis

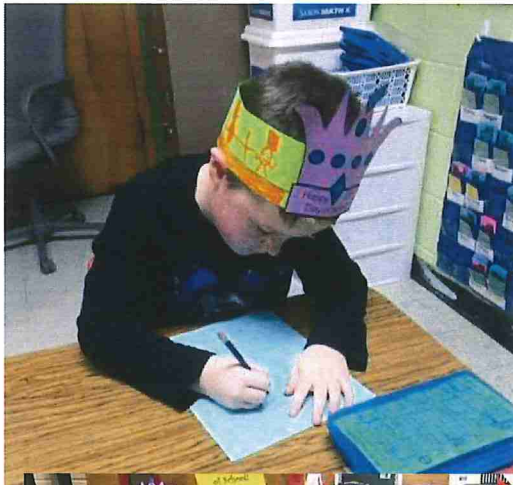
Front Row: Owen Krug, Kade Andrew, Lucas Benesh, Owen Tjelmeland, Noah Kaiser, Steven Block and Devon Kirk. Back Row: Cade Volesky, Brock Silhanek, Marcus Newton and Jonah Gorsh



100th DAY OF SCHOOL



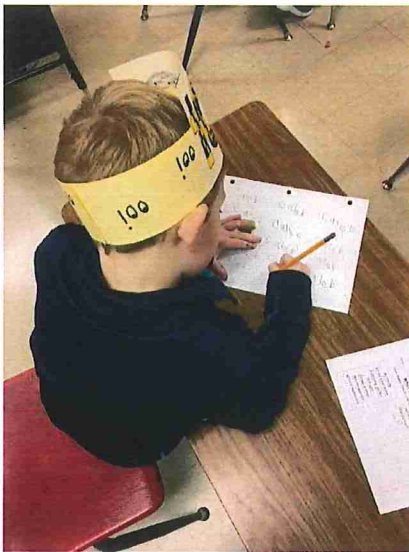
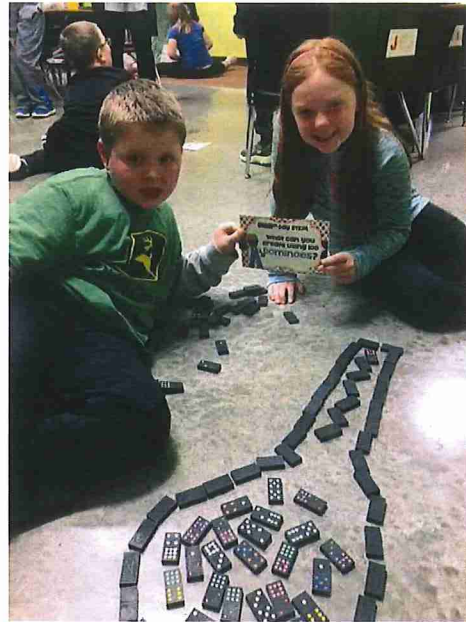
With the help of an IPAD App, 1st grader Emme Wolf is shown what she might look like in 100 years!!



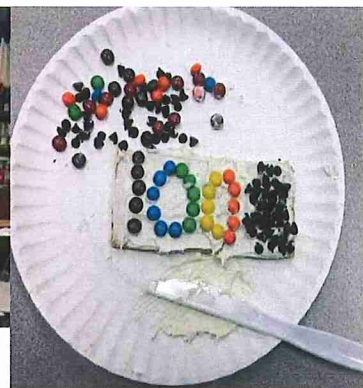
Kindergartners write to 100, make a paper chain of 100 and decorate 100 Crowns!



2nd grade students use eyedroppers to see what 100 drops of colored water really looks like and see what they can create using 100 dominoes in centers.



1st Grade writes their names 100 times and sees how many jumping jacks they can do in 100 seconds!!



4th Grade decorates graham crackers with designs for 100th day of school

FROM THE PRINCIPALS DESK

What Does It Take to Succeed?

As parents, you've probably spent mental time and energy in making sure that your children are set up to succeed in life. You might worry whether other children are better positioned to do well in school, in sports - you name it. But there's good news: your child doesn't have to have a genius IQ score to make a powerful and lasting impact on society. Here are five attributes that you can help nurture in your child's everyday life.

1. **Curiosity.** Help your children explore all their interests without fear of failure. Give them access to books, take them to museums, planetariums, and zoos. Importantly, don't force activities or hobbies on them - let them find out what they like and cultivate that interest.
2. **Devotion to Passion.** Thomas Edison said "genius is 1% inspiration and 99% perspiration." Any child who is truly gifted will possess the ability to work independently and concentrate for a long time on things that interest him. Remember, it takes 10,000 hours of practice to become successful in any field!
3. **Persistence vs. Smarts Mind-Set.** As parents one of your most natural instincts is to tell your children that they're smart. And while your intentions are good, this can actually hurt them in the long run. Tell them they are hard-workers, creative, patient, and persistent. Don't allow them to think that being smart means they don't have to work hard.
4. **Tolerance for Failure.** The only way for a person to go from good to great is practice. If you find that your child is frustrated by something, try to identify the aspects of his performance that are giving him trouble, help him improve, and encourage him to keep practicing until he gets it right.
5. **Self-Control.** No matter how smart we are, if we don't discipline ourselves and resist our desire for instant gratification, we won't get very far. The same is true for your child and that is why it's important to instill early on the importance of waiting for rewards in a variety of situations, so that your child is able to stay focused and persist through challenging circumstances - academic or otherwise!

What you've just read is good news - because if one thing is clear, it's that your child doesn't need a 200 IQ to be successful in life. The key is instilling the above traits early on - and nurturing and encouraging them every chance you get.

~Mrs. Perez

SUNDAY WORSHIP SCHEDULE

St. Stephen's Lutheran Atkins Worship 9:00am Sunday School 10:15am	St. John Lutheran Church Newhall Worship 8am, 10:30am Sunday School 9:15am	St. Andrew's Lutheran Church Van Horne Worship 10:00am Sunday School 8:45am
St. Mark's Lutheran Church Garrison Worship Sat 6pm, Sun 8am Sunday School 9am	Trinity Lutheran Church Vinton Worship Wed 6:30pm, Sun 9am Sunday School 10:15am	Zion Lutheran Church Shellsburg Worship 10am Sunday School 8:45am
Grace Lutheran Church Blairstown Worship 10:30 am Sunday School 9:30 am	First Lutheran Church Belle Plaine Worship Sat 6pm, Sun 10:15am Sunday School 9am	St. John Lutheran Church Keystone Worship Sun 10am Sunday School 8:45am

• SUPPORT CLS



Box tops earned CLS \$ 760 for the first submission this month! Thank you to all who contributed to the contest!! Next submission is in March.

Turn in all Hy-Vee receipts – CLS earns 0.5% of the total. \$1410 was raised last year!!



Bring in your used ink cartridges for us to turn in to Staples Rewards program!

Chapel News:

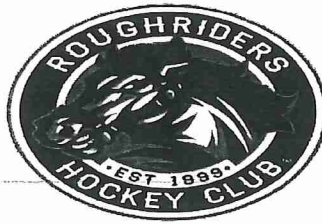
2nd Trimester Offering: Lead a Child

Next chapel leader: 7th Grade

February Hymn: Father Welcomes

Singing: 7th Grade



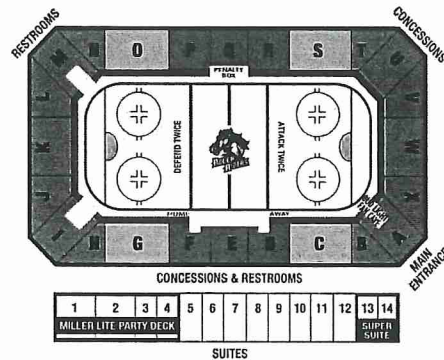


Central Lutheran Night At the RoughRiders Game

Friday, March 23rd @ 7PM

vs. Green Bay at The Stable

- Deadline to order specially priced tickets is March 13th – turn in orders to the school office
- Central Lutheran School is singing the National Anthem!!!!
- Anthem singers receive complimentary ticket!!!



Ticket Prices

\$10.75 (green zone – regularly \$14.75)

Name _____ Phone _____

Address _____

City/State/Zip _____

Email Address _____

_____ seats at _____ each = \$ _____

- *Anthem singers receive complimentary ticket, please include their ticket in your total # of seats but do not pay for Anthem singers ticket.*

**Make checks payable to
RoughRiders**

**Return Orders with payment to:
Central Lutheran School Office**

Tickets can be picked up at Will Call

Method of Payment

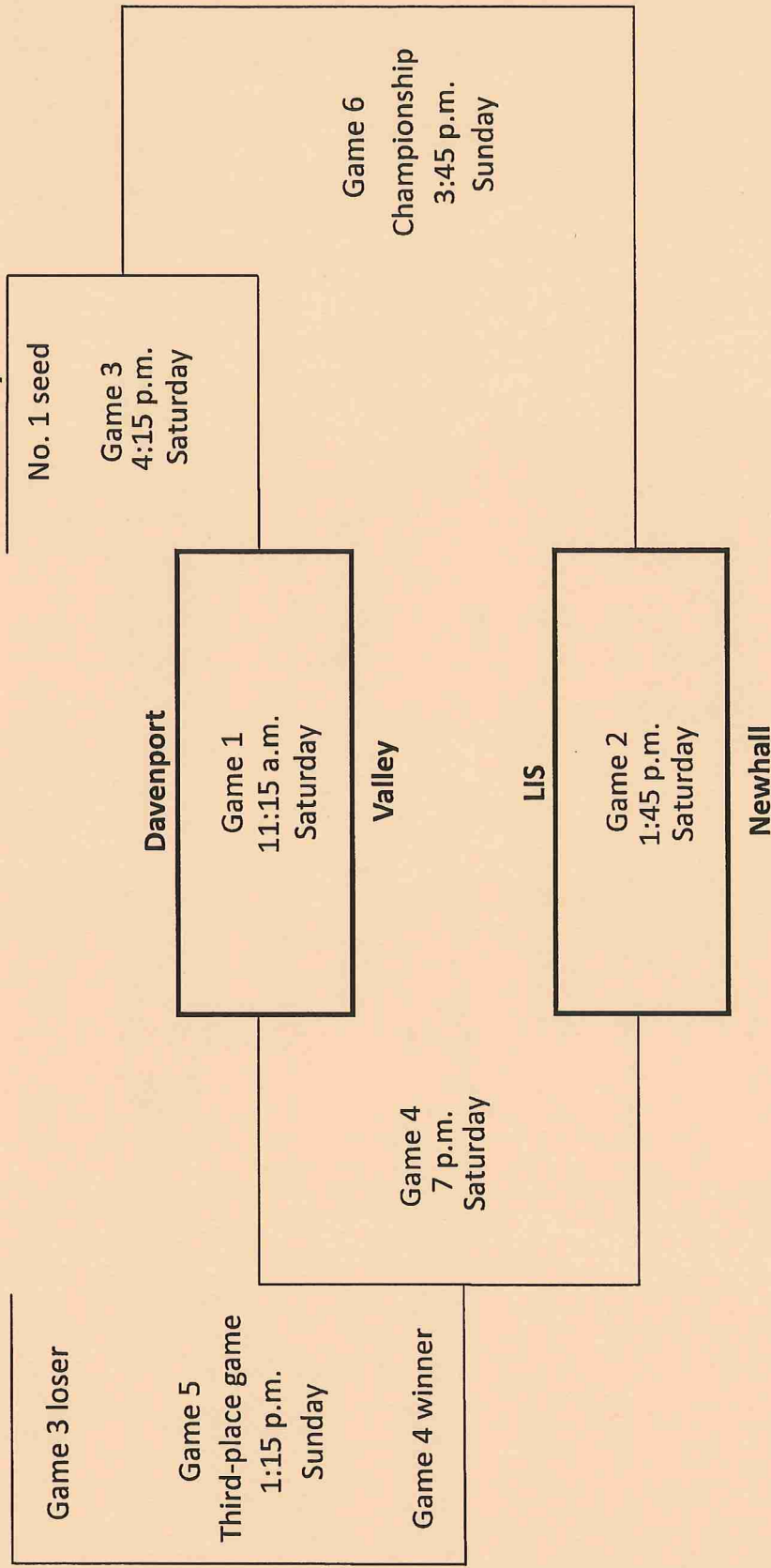
____ Visa ____ MasterCard
____ Discover ____ American Express

Card Number

Exp. Date Sec. Code

Signature

2018 ILE VAKSII Y BUYS BASKEI BALL BRACKET I



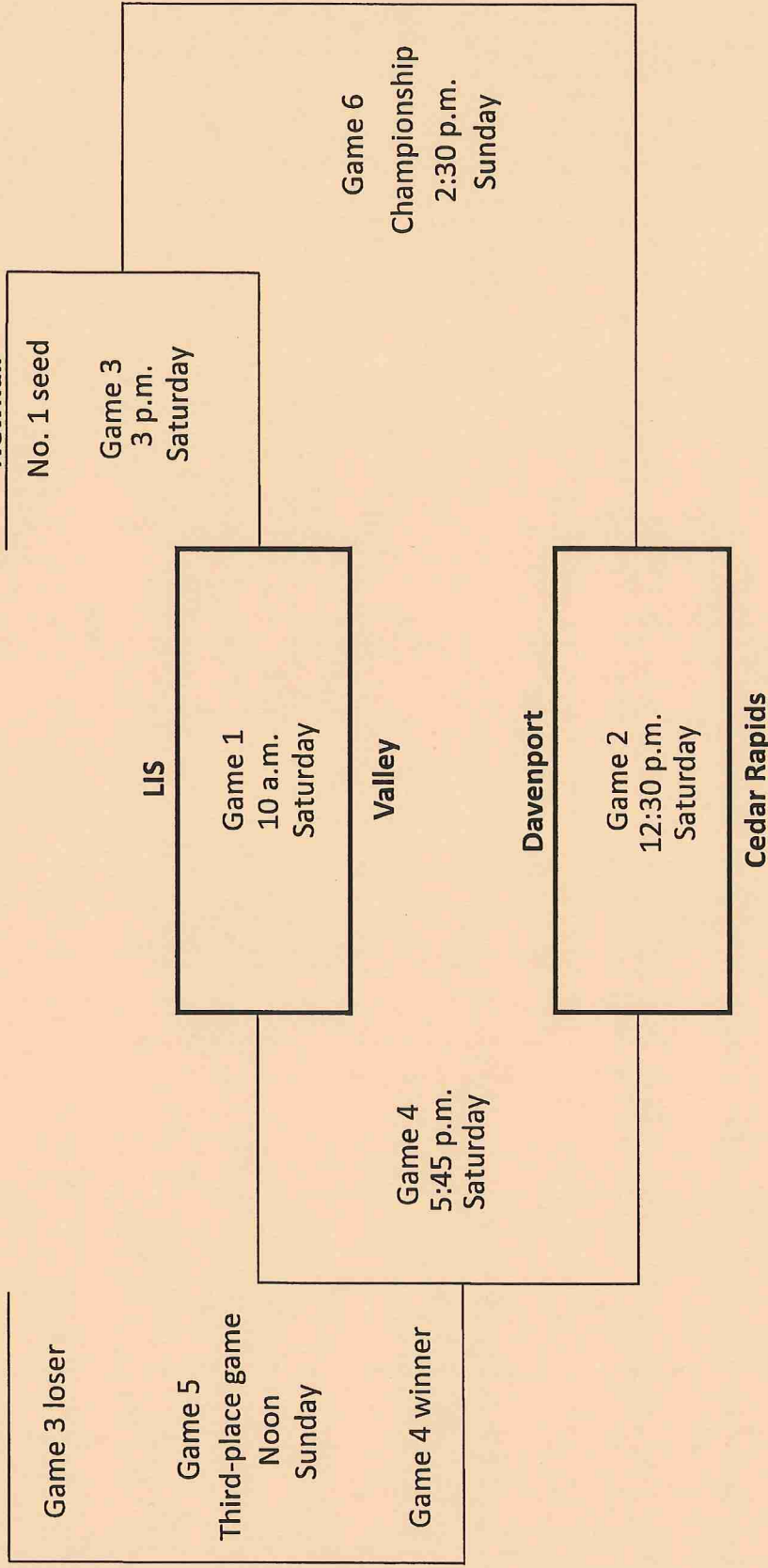
Teams on the top bracket line will wear light-colored uniforms.

We will play ahead of schedule

All games will be played at Trinity Lutheran School (1122 W. Central Park in Davenport)

Seeding: 1. Cedar Rapids 8-0, 2. LIS 6-2, 3. Newhall 4-4, 4. Davenport 2-6, 5. Valley 0-8

2018 ILE VAKSII Y GIKLS BASKEI BALL BRACKET



Teams on the top bracket line will wear light-colored uniforms.

We will play ahead of schedule. All games will be played at Trinity (1122 W. Central Park in Davenport)

Seeding: 1. Newhall 7-1, 2. Davenport 7-1, 3. Cedar Rapids 4-4, 4. LIS 2-6, 5. Valley 0-8

Note: Because of point differential between Davenport and Newhall, Newhall gets the No. 1 seed.

**BENTON YOUTH SOCCER ASSOCIATION
SPRING 2018**

www.bentonyouthsoccerassociation.com

Divisions will be: K-1, 2-3, 4-5 & 6,7 & 8 (this division will be divided into boys and girls this season if we have the numbers to do so- it will not be co-ed.)

Games will be April 7, 14, 21, 28th and May 5th.

Cost \$25 per child (includes shirt & socks)

\$10 per child (no shirt & socks)

Make checks payable to: BYSA

Registration forms due to building secretaries by:



Friday, February 16th, 2018

MORE THAN 375 KIDS PLAYED ON 32 TEAMS IN THE FALL!

DETACH BOTTOM AND RETURN TO SCHOOL SECRETARY BY FEB. 16th!!!

STUDENT NAME _____ GRADE NOW _____

CIRCLE SHIRT SIZE YS YM YL AS AM AL AXL CIRCLE: MALE FEMALE

PARENT/GUARDIAN NAME _____

CONTACT PHONE NUMBER _____

ADDRESS _____ CITY _____

EMAIL _____

EMERGENCY CONTACT (name & phone #) _____

Willing to help coach or assistant coach? Yes No

Benton Youth Soccer Association, towns of Atkins, Blainstown, Keystone, Newhall, Norway and Van Horne cannot be held liable for injuries which may occur during any practice or game played during Spring 2018.

Parent/Guardian Signature _____

Date: _____

February 2018

Calendar for Lunch Menu Rieck (Kitchen) 9616 views

(Public View)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Tacos/shells, Romaine/carrots/refried beans, peaches, B & B sand	2 Mr. Ribb/bun, peas/cauliflower, man. oranges	3
4	5 Ham & cheese/bun, hashbrowns/radishes, pears, rice krispie bars	6 Chili/crackers, carrots, apples, crisp	7 Hot dogs/bun, broccoli/cheese/red peppers, pineapple	8 Mac & cheese, gr. beans/cucumbers, peaches, PB & J sand	9 Chicken sand, carrots/celery, apples, snack	10
11	12 Turkey & cheese, cooked carrots/broccoli, oranges, molassa cookie	13 Spaghetti, romaine/carrots, peaches, breadstick	14 Chicken nuggets, corn/cucumbers, applesauce, B & B sand	15 Scalloped pot/ham, gr. beans, pears, B & B sand	16 Hamburgers/bun, baked beans/cauliflower, man. oranges	17
18	19 No School	20 Egg omelet/sausage, corn/cucumbers, juice, cinnamon sticks	21 Pizza, romaine/carrots, peaches, frosted graham	22 Chicken noodle soup/crackers, corn/cucumbers, applesauce, blueberry cake	23 Pork paty/bun, cooked carrots/cauliflower, pears/dried cherries	24
25	26 Fish, gr. beans/broccoli, apples, B & B sand	27 Pizza cass, romaine/carrots, pineapple, B & B sand	28 Chicken crunch, peas/red peppers, peaches, B & B sand			



Atkins Pleasant Hill Presbyterian Church
Invites You To The 14th Annual

"Valentine Dinner"



Sunday, February 18th, 2018 Hours: 4:30-7:30 PM

Call For Reservations: 981-6060

Costs: \$10 Adult, \$20 per Couple, \$5 Child

Menu Selections:

Bacon Wrapped Chicken Breast or Orange Glazed Pork Loin
Baked Potatoes or Seasoned Rice
Green Beans or Buttered Corn
Salad, Beverage And Choice of Dessert

Proceeds Go To: Atkins Helping Hands Food Pantry

Come Join Us, Everyone Welcome !



2018-2019

Cheerleading Tryouts

Football – Basketball - Wrestling – Competition



Open to all current 6th -11th graders!!

Tryout Forms are in the HS Office or on the cheerleading website!!

<https://sites.google.com/benton.k12.ia.us/bentoncommunitycheerleading/>

Mandatory Parent/Cheerleader Meeting:

March 1 @ 6:30 in HS IMC

Practices: March 5th & 6th & March 8th

(for HS only) in the HS gym

Tryouts: March 8th & 9th

Benton Cheerleading Tryout Form

Name _____ Grade Entering _____

Address _____

School E-mail Address _____

Cheerleader's Cell Phone _____

Parents' Names & E-mail _____

Please circle the squads you are interested in trying out for:

High School

Football

Basketball

Wrestling

Competition - (choose one or all options) Sideline

Cheer/Dance

Stunt Group

Choose one or all options for competition only -

Flyer

Base

Back

Middle School

Football

Basketball

Wrestling

Please return to Bridget McWhorter at the high school. Please contact
Bridget with any questions: 319-651-9070 or
bmcwhorter@benton.k12.ia.us